

VALUABLES

Ideas, Systems and Strategies for Managing Family Wealth to Fulfill Your Greatest Values.

About VALUABLES

Many financial advisors focus on communicating with clients to provide complex analysis of the investment markets and economies. However, we have learned that most clients are not particularly interested in this complex analysis. Most clients hire an advisor for their knowledge of the markets, not for their ability to explain that knowledge. Most want to know what time it is, not how to build a watch.

Experience has taught us that wealthy families care most about using their wealth as a means to a desirable end, which is to achieve a more satisfying, fulfilled and impactful life, and to fulfill their most important Life Values.

VALUABLES is a periodic article series focused on the concepts, systems, and habits which we have observed among families who have been successful in this quest to use their wealth as a tool to live a life of significance. The most successful families share a set of habits, systems, and insights which enable them to use their wealth as a tool to fulfill their Values and what is most important to them.

We are naming this article series **VALUABLES**, because it will provide an exploration of those habits, systems, and insights. We hope it will help you to consider your assets and possessions which are most valuable to you, and how you can use your financial wealth to enhance and cultivate your true "Valuables".

Keeping Busy

By Erik Strid

"A week has only 168 hours, regardless of your age, intelligence, accomplishments or how much money you make. Your quality of life is a direct function of how you choose to spend that time."

- Bill Bachrach

Happy New Year!

As we publish our first volume of **VALUABLES** for 2014, we first wish to use this space to wish all of our readers a very happy, healthy, and prosperous New Year. We hope that 2014 turns out to be a fantastic year for you, and that you achieve great happiness and fulfillment in the New Year.

The purpose of our **VALUABLES** article series is to provide readers with specific insights about the habits and values which we have observed among families who have been successful in their quest to become financially wealthy, and to use their wealth as a tool to live a life of great Significance. We hope to share common principles which may empower you to use your wealth to enable a fantastic Quality of Life, and to fulfill your values and the things that are most important to you.

In his quote above, Bill Bachrach strikes at the heart of one of the most significant truths about how to live a great quality of life. Time is truly the most valuable and limited resource we all possess on earth, and we all have a choice about how we will spend the time we are allotted. If we choose wisely, we will be rewarded with a happy and fulfilling life, but if we waste this resource, we will miss an enormous opportunity to live well.

The Banishment of "Busy"

Because time is such an important and limited resource, we are wise to protect our time, and to pay close attention to how we handle it. For our submission this month, we wish to share an [article](#) we found valuable, about how we often risk abusing our time by being too "Busy" all the time.



www.tylerwardis.com/busy-isnt-respectable-anymore

We hope that this insightful article will help you to better understand how "busy" can be an enemy of a high quality life, and that you may be inspired to banish "busyness" from your life!

Article Excerpt

Busy isn't respectable anymore.

12/09/13 BY TYLER WARD

Why busyness isn't all it's cracked up to be and a challenge to put it behind us.

"The trouble with being in the rat race is that even if you win, you're still a rat." | Lily Tomlin

Being busy used to make me feel important. It made me feel like the world needed me, like somehow I was more valuable or valid when busy. Perhaps that's why I wore it like a badge and quickly resorted to it when people asked how life was. Yet in all reality, busyness was just another addiction I clung to so I could avoid things that made me uncomfortable.

Sadly, the things I often stayed busy to avoid happened to be some of the more worth while things in life.

To read the entire article, visit:
www.tylerwardis.com/busy-isnt-respectable-anymore

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Disclosures

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